

Here's your opportunity to share your favorite family recipe and be one of our Best Yadkin Valley Cooks™ featured in our NEW cookbook series. Get more details at yadkinvalleyliving.com, just click on "Best Cooks" on the **foodsandflavors** page. It's easy to enter on-line or mail in the form below.

Name: _____

Address: _____

City: _____ State _____ Zip _____

Phone*: _____

or
email address*: _____

*used only to contact you if we have questions about your recipe or photo



Email or mail us a photo of you or your dish!

FOOD ITEM: _____

Recipe/ Ingredients/ Directions (please print)

Tell us the story behind your recipe? Family Favorite/grandmother's recipe, etc. Special memories of enjoying with family or friends

Yes, I give my permission for *Yadkin Valley Living Magazine* to publish my and/or family recipe in the magazine and/or the *Best Yadkin Valley Cooks™ Cookbook*. Submissions must be received by April 1, 2010.

contributor's name

date

If your recipe is used, contributor's receive one free copy of the book and or magazine, sent to the address above.

PLUS: All recipe entries received in five divisions: pasta, breads, desserts, salads (fresh or molded), meats will be placed in a drawing with **one winner in each category, to win \$100.00**. (Total prizes \$500.00) A winner from each category will be drawn at random from all entries received on April 8, 2010. Winner's will be featured in May/June issue of *Yadkin Valley Living Magazine*.

Absolute Deadline for entry is 4/1/10. (Five different winners) You can also submit your recipe on line at: yadkinvalleyliving.com Participants will also receive a limited edition commemorative coffee mug!